

A Day out in Sudbury

Set on the River Stour, this ancient market town is surrounded by water meadows. Sudbury has thrived on the textile industry, firstly with wool and then with silk.

The famous artist Thomas Gainsborough was born here in 1727. You can visit Gainsborough's House in the market place, an elegant Georgian townhouse, which displays more of the artists work than any other gallery. Enjoy the walled garden and print workshop - www.gainsborough.org

For some outdoor fun go on a boat trip on the River Stour. 'Rosette' is the elegant electric launch designed in Edwardian style, and will take you through the picturesque water meadows to Ballingdon, Cornard and Henny. There are also some occasional steam trips, and you can enjoy afternoon tea and home-made cakes in the delightful tearoom. - www.riverstourtrust.org

If you are feeling creative visit the Art & Soul Ceramics, a contemporary paint-your-own ceramic studio. They offer a fun and relaxing environment for people of all ages to express their creativity - www.artandsoulceramics.co.uk

For an evening of entertainment check the performances at Quay Theatre - www.quaytheatre.org.uk